

Roganstown Leisure Centre

2022 Class Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30am	Aqua <i>with Vicky</i>	Bums & Tums <i>with Vicky</i>	Yoga* <i>with Vanessa</i>	Pilates* <i>with Vanessa</i>			
10:30am						Spin <i>with Chloe</i>	
6:30pm		Kettlebells <i>with Chloe</i>		Zumba <i>with Vicky</i>	Aqua <i>with Vanessa</i>		
7:45pm			Aqua <i>with Phil</i>				

***Yoga & Pilates are subject to a surcharge of €10 per class for members or €15 per class for non-members.**



Classes must be pre-booked by calling 01 – 8433118 or emailing leisure@roganstown.com